



### A MESSAGE FROM THE INTERIM HEADTEACHER



It has been a great start to term 5 with lots going on right from the start. We have had our first round of GCSE Art and Photography exams, our French speaking exams as

well as a drop down day for our Y11 geographers and a drop down day for some of our Y10 and 11 i-media scholars. We also had a group go to Cirencester College to watch a production of Chicago the musical. And that was all in the first 4 days of term! Thank you to all the staff and scholars who helped make it a great first week back.

I spoke with staff and students about my priorities as I take on the role of Interim Principal. I explained that people often react differently to change and uncertainty and it was part of my role to maintain consistency during the transitional phase. The recruitment for the substantive Principal who will be taking over from September is well under way and we should hopefully have some exciting news on that front in the next couple of weeks. My priorities in the interim period are going to be around ensuring we have the best possible staff in place for September with a strong round of recruitment and retention, continuing to push forward to ensure Nova is a great place to learn to ensure all students reach their potential academically and personally and supporting Y11 through their final few

weeks at Nova to ensure they get the best possible outcomes so they can go on to have as many doors open to them as possible in their futures.

I am excited and privileged to be part of Nova's journey and I look forward to working with you all over this next term.

**Sonja Unwin**  
*Interim Headteacher*



### DATES FOR YOUR DIARY

#### MAY 2024

Monday 6th—May Day Holiday (school closed to students)

Thursday 9th—First day of GCSE exams

Monday 27th to Friday 31st (inc) - Half Term Holidays

#### JUNE 2024

Monday 3rd—students return to school

Thursday 6th—Year 5 Open Morning

For more information visit:  
[www.novahreodacademy.org.uk](http://www.novahreodacademy.org.uk)

## THIS WEEK'S TOP EPRAISE SCHOLARS



## MATHS WINNER



*Fab news from maths, our 100 Digits of Pi winner is Max from 7 Catalyst who's won a whole chocolate cake!*



## PEGASUS HOUSE UPDATE

Welcome back Pegasus House after what I hope was a rejuvenating Easter break!

We begin this final chapter of the academic year proudly atop of the leaderboard for both DISC and House points, which shows how much drive and scholarship we have to give!

Reflecting upon our recent successes, Pegasus House continues to demonstrate outstanding teamwork and skill, securing victories in competitions such as Miss Parson's dodgeball tournament for KS4, bowling and Connect4. A big well done to our scholars who took part and put their best foot forward to win these for Pegasus.

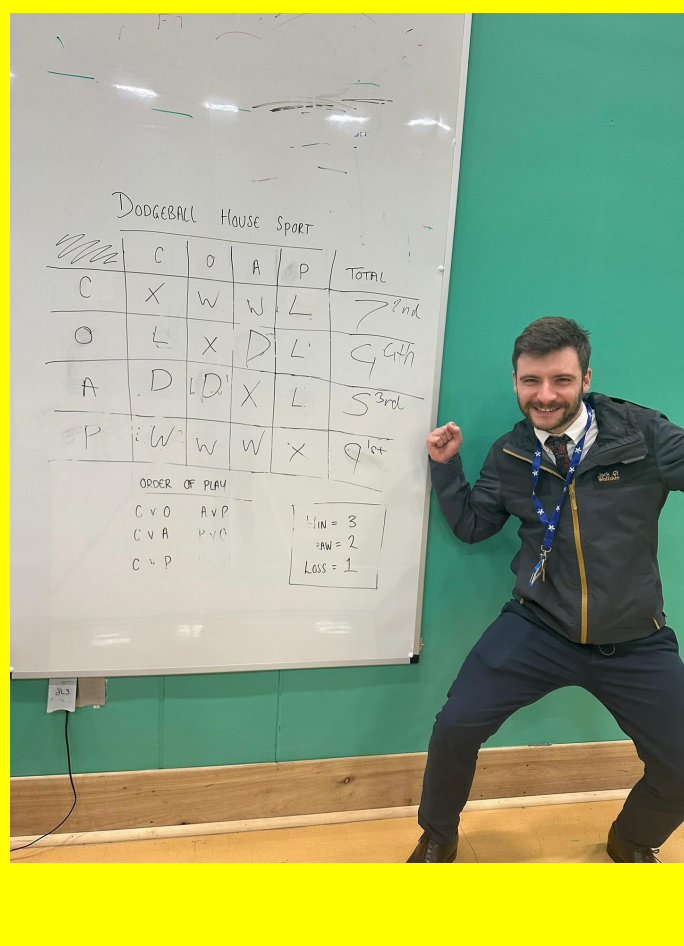
As we bask in the glow of our achievements, let's not forget that we have two half-terms left with plenty more opportunities to shine. There will be the egg and spoon race, penalty shoot-out, a 3 legged race, musical chairs, sports day and many more! Orion are only just behind us in the tables so let's not rest on our laurels, all can change in the drop of a hat!

I'd also like to extend a congratulations to our current Year 10 prefect applicants who have made it through to the trial period. I look forward to seeing who will don the famous blue and gold ties come September!

Finally, as we begin Term 5, so do our Year 11s begin their final GCSE examinations. Their hard work and perseverance to date are admirable and I wish them all the best!

Remember Pegasus, be brave, soar high!

Mr Harbour  
Head of Pegasus House





## FRIDAY CHALLENGE



*Congratulations to Pegasus House who won 250 points for their house after taking part in the inflatable bowling challenge.*



*Congratulations to Orion House who won 250 points for their house after taking part in the egg and spoon race.*





## WE ARE PROUD OF

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Josh Year 9 competed in the NUEL Level 1 National Qualifier Open Meet in London at the London Aquatic Centre.

It was a great experience for him to race at this venue. Josh raced in 6 events and got a Personal Best in all 6.

Well done Josh!

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Congratulations to Jamie in year 8 who was awarded a Merit in his grade 1 euphonium music exam

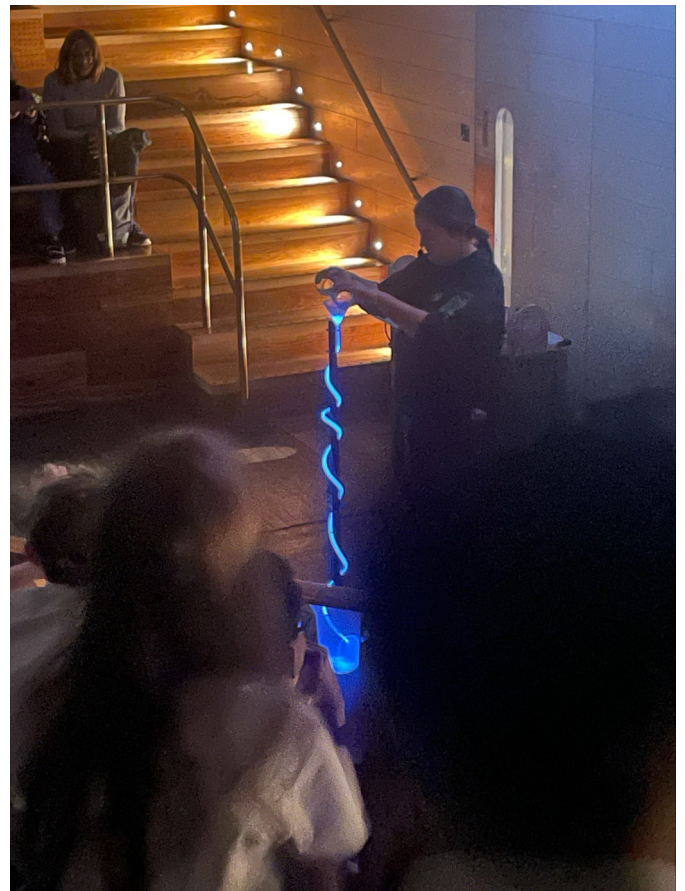
The euphonium, a brass instrument known for its rich and mellow tones, requires precision and finesse. Jamie's commitment to mastering this instrument shines through in his achievement. Well done Jamie.

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## TRIPS AND VISITS

Year 7 Catalyst and some additional Year 7 scholars attended the Science Museum in London. We had a great time looking at the different exhibitions, especially the technician's exhibition which showed us lots of different careers for the future.

We also watched a science show and saw some exciting demonstrations including a giant glow stick!



The mental health support team encompassing Barnardos and Tahms have recommended a new free resource with lots of support and information

[The Sandbox | Digital Mental Health Service \(mindler.co.uk\)](https://mindler.co.uk)

**Welcome To**  
**The Sandbox**

Award winning digital mental health support for Children and Young People

[Login](#) [Sign Up](#)



## STAR OF THE TERM—TERM 3

On the final day of term we had an awards ceremony during a whole school assembly. Awards were presented by our Vice Principal Mr Unwin for the following categories:

Scholar of the Term

100% attendance

Most DISC Points

Star Slips

Congratulation to all the winners










# #ONSOCIALMEDIA

An update on some of the stories we've shared on social media in the last fortnight.



**Nova Cooks** @NovaCooks · 17h  
Swiss Rolls in the making today....having a 'sleepover' in school before being sliced and layered in trifles tomorrow #whisking #RibbonStage #folding #rolling



0:02


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Term 5 2024 3w

**novahreodacademy**

**Nova Hreod Academy Quiz Night**

AQUILA CYGNUS ORION PEGASUS



END OF TERM 5 QUIZ  
THU, 23 MAY AT 18:00 BST

[Get Reminder](#)



**Nova Cooks** @NovaCooks · 18 Apr  
Y10 have had fun this week focusing on plate presentation and 'disguising' their tea cakes in the themes of earth, wind, water or fire. #competition



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# SUPERNOVA

Are you ready to dive into exciting adventures beyond the classroom? Look no further! Our after-school clubs offer a vibrant space where curiosity meets creativity! Sign up on Epraise for any of these clubs.

Monday	Tuesday	Tuesday	Wednesday	Wednesday	Thursday	Friday
<b>Nova Nasheed and Qirat Club</b> Mrs Malik SB6 10:35-11:00	<b>Lego Robotics Club</b> Miss Clare 15:35-16:30 SB4	<b>Sparx Support Club</b> Lunchtimes in SB9 and after school 15:35-16:30 SB9	<b>Book Club</b> Mrs Shirley Library 15:35-16:30	<b>Nova Nasheed and Qirat Club</b> Mrs Malik SB6 10:35-11:00	<b>KS3 Band Club</b> Mr. Griffiths 15:35-16:30 GA8	<b>Creative Lego Club</b> Miss Claire 15:35-16:30 SB4
<b>Duolingo Club</b> Break time 10:40 – 10:55 SB6	<b>Imagine</b> Chaplaincy Team 15:35-16:30 Dance Studio		<b>'Get Ahead- Catch up' Club</b> Mrs Martin FA1 15:35-16:30 (Year 10 and 11 only)	<b>Duolingo Club</b> Break time 10:40 – 10:55 SB6	<b>Guitar Club</b> Mr. Silvester 15:35-16:30 GA10	<b>Archery Tag</b> Lunch Time Sports Hall
<b>Carrom Board Club</b> Break time 10:40 – 10:55 SB6	<b>Dungeons and Dragons</b> Miss Vandervalk 15:35-17:00 GB3		<b>Carrom Board Club</b> Break time 10:40 – 10:55 SB6			<b>Trampoline</b> Mr Wilkinson 14.40-13.35 Sports Hall

**Study Base Every Day SA6/7**

Monday and Friday: 14:40-15:35

Tuesday, Wednesday and Thursdays 15:35 – 16:30



**Super Nova Term 5**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Tennis</b> Girls and Boys: Y7-11	<b>Rugby</b> Girls: Y7-11	<b>Dodgeball</b> Girls and Boys: Y7-11	<b>Weight Training</b> Girls and Boys: Y7-11	<b>Football</b> Girls and Boys: Y7-11
		<b>Boxing</b> Girls and Boys: Y7-11	<b>Basketball</b> Girls: Y7-11	<b>Trampoline</b> Girls and Boys: Invite only
		<b>Basketball Fixtures</b> Girls: Y7-11		<b>Lunchtime Archery Tag</b> Girls and Boys: Y7-11
		<b>Football Fixtures</b> Boys: Y7-11		

These activities can be used as your "physical" section of the Duke of Edinburgh Award



**Sports CLUBS** Term #5



## YEAR 9/10 MUSICAL JOURNEY TO GRACELAND

Scholars in Year 9 and 10 had the fantastic opportunity to attend the London African Gospel Choir performing Paul Simon's *'Graceland'* album at the Bristol Beacon. This was a fantastic concert featuring traditional West African vocals mixed with western pop music. The performance includes hits such as *'Diamonds on the Soles of her shoes'*, *'The Boy in the Bubble'* and *'You Can Call Me Al'*.



## "CHICAGO THE MUSICAL" REWARDS TRIP TO CIRENCESTER COLLEGE

This was a brilliant Year 8-10 reward trip in collaboration with PADs students who are in Year 10. The cast and crew were brilliant and we were treated to a brilliant workshop too!

Students with high attendance or significantly improved attendance were invited to this trip together with our Year 10 performing arts students, who were inspired by the performances, glitz and glamour.



## BAKE SALE

On the last day of term, we held a bake sale to raise funds for Macmillan Cancer Care. Thanks to generous donations from our students and their families, we raised an amazing £138.85 for the appeal. At the end of the day GlamoRose Cake Van came to sell cupcakes outside the school and they also contributed a share of their profits to the charity. Thank you to everyone who contributed.



## LANGUAGES SPOKEN AT NOVA

To celebrate the diversity of our school community, we are sharing a series of facts about some of the different languages spoken by students at our school. This week's entry has been produced by Yuki in Year 11.

### Language of the month

## Cantonese

Cantonese is one of the major Chinese languages and widely spoken in the southern province. It's the official language in both **HONG KONG** 🇭🇰 & **Macau** 🇲🇴 and it have originated after the fall of the Han Dynasty in 220AD. Here are some examples of Cantonese underneath



### Cantonese --tradition Chinese

also called 廣東話 (Gwóngdòng wá) is a languages within the Chinese branch of the Sino-Tibetan languages originating from the city of Guangzhou.

Many people struggle to identify \*Cantonese vs Mandarin\* .

The main difference between them are Mandarin uses *simplified* Chinese characters, while Cantonese uses *traditional* Chinese characters. :0 !!!

English	Cantonese (formal)	Cantonese (informal)
How are you?	你好嗎? nei hō mà	你點呀? nei dim aà
Be careful	小心 Siù sùm	
Still	還 waân	仲 Zùng
Also	也 yà	都 dóu



### FUN FACTS !

Cantonese preserves more features of Aicent Chinese than do the other major Chinese languages; its various dialects retain most of the final consonants of the older languages and **have at least 9 tones** 🗣️

If you're interested in learning challenging languages, Cantonese would be a good choice 🍵



# STELLAR DINER MENUS

The Stellar Diner is the place for students to have a tasty meal and socialise with their friends. You will find a large selection of food and drinks, with a choice of at least two hot meals each day. Alternatively, you might prefer to buy a sandwich or baguette from the cold counter.

We are open at breaktime and lunchtime. The menu changes every week and operates on a three-week cycle. The menus are also available to see on our website [Nova Hreed Academy > Information for Students > Stellar Diner](#)

**FOOD & CO. by sodexo** **WEEKLY MENU**

**WEEK ONE**

Look out for our carbon footprint logos on our counters to see the impact of your meal choices on the planet.

ACT 1	MONDAY ORIGINALS	TUESDAY ORIGINALS	WEDNESDAY ORIGINALS	THURSDAY ORIGINALS	FRIDAY ORIGINALS
<b>MAINS</b> Choose from:	Vegetable Lasagne	Sweet & Sour Chicken	Quorn Roast or Classic Roast of the Day	Chicken Tikka Wrap	Oven Baked Battered Pollock or Oven Baked Fish Fingers
<b>REAL FOOD FAST</b>	Garlic Bread	Rice	Roasted Potatoes	New Potatoes	Chips
<b>VEG</b>	Mixed & Butternut Salad	Asian ColeSlaw	Carrots & Cabbage	Green Beans	Peas & Carrots
<b>DIPS</b>	Mayo / Dressing	Sweet Chili / Mayo	Gravy	Gravy / Ketchup	Tartare/Ketchup

ACT 2	MONDAY GLOBAL	TUESDAY GLOBAL	WEDNESDAY GLOBAL	THURSDAY GLOBAL	FRIDAY GLOBAL
<b>MAINS</b> Choose from:	Chickpea Veg & Bean Rice Bowl	Beef Bulgoghise	Dirty Butternut Mac'n Cheese	Squash and Chipotle Tagine	Korean Crispy Wrap
<b>REAL FOOD FAST</b>	Spiced Falafel Tostitos	Loaded Dog Meatball Sub	Kansas BBQ Chicken	Stuffed Loaded Pizza	Chips
<b>VEG</b>	Rice	Mixed Salad	Roasted Sweetcorn	Mixed Salads	Muddy Peas
<b>DIPS</b>	Mayo/Dressing	Pesto / Dressing	BBQ / Mayo	Lemon Yogurt	Tartare/Ketchup

**DESSERT**  
Choice of Fresh Red and Green Apples, Oranges and Bananas  
Seasonal Fruit Salad Pot, Black & Green Grape Pot, Mixed Melon Pot and Yoghurt

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings. Mixed salad bar | Selection of seasonings. Daily grab & go range.

**FOOD & CO. by sodexo** **WEEKLY MENU**

**WEEK TWO**

Look out for our carbon footprint logos on our counters to see the impact of your meal choices on the planet.

ACT 1	MONDAY ORIGINALS	TUESDAY ORIGINALS	WEDNESDAY ORIGINALS	THURSDAY ORIGINALS	FRIDAY ORIGINALS
<b>MAINS</b> Choose from:	Southern Style Quorn Burger	Pork or Chicken Sausage	Classic Roast of the Day or Quorn Roast	Classic Beef Lasagne	Oven Baked Battered Pollock or Oven Baked Fish Fingers
<b>REAL FOOD FAST</b>	Potato Wedges	Creamy Mashed Potatoes	Roasted Potatoes	Garlic Bread	Chips
<b>VEG</b>	Mixed Salad	Garden Peas	Broccoli & Parsnips	Mixed Salad	Peas / Carrots
<b>DIPS</b>	Relish/Ketchup	Gravy	Gravy	Mayo/Dressing	Tartare/Ketchup

ACT 2	MONDAY GLOBAL	TUESDAY GLOBAL	WEDNESDAY GLOBAL	THURSDAY GLOBAL	FRIDAY GLOBAL
<b>MAINS</b> Choose from:	Carrots Rancheros	Sweet Potato & Cauli Jalfrezi	Korean Chicken Rice Bowl	Southern Baked Chicken	Margherita Pizza
<b>REAL FOOD FAST</b>	Tandoori Quorn Pita Pocket	Red Pepper & Bean Bhajani	Tasty Chickpea Burger	Chickpea Quorn & Corn Fajita Wrap	Chips
<b>VEG</b>	Warm New Potato Salad	Rice & Bombay Potatoes	Slaw	Roasted Sweetcorn	Baked Beans
<b>DIPS</b>	Salsa/Mayo	Chutney / Raita	Sweet Chili / Mayo	BBQ Mayo	Tartare/Ketchup

**DESSERT**  
Choice of Fresh Red and Green Apples, Oranges and Bananas  
Seasonal Fruit Salad Pot, Black & Green Grape Pot, Mixed Melon Pot and Yoghurt

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings. Mixed salad bar | Selection of seasonings. Daily grab & go range.

**FOOD & CO. by sodexo** **WEEKLY MENU**

**WEEK THREE**

Look out for our carbon footprint logos on our counters to see the impact of your meal choices on the planet.

ACT 1	MONDAY ORIGINALS	TUESDAY ORIGINALS	WEDNESDAY ORIGINALS	THURSDAY ORIGINALS	FRIDAY ORIGINALS
<b>MAINS</b> Choose from:	Hearty Veggie Sausage Roll	Chicken Tikka Masala	Classic Roast of the Day or Quorn Roast	Carbonara Pizza	Oven Baked Battered Pollock or Fish Fingers
<b>REAL FOOD FAST</b>	Baby Parsley Potatoes	Rice	Roast Potatoes	Garlic Bread	Chips
<b>VEG</b>	Peas / Corn & Broccoli	Kale / Salad	Carrots & Red Cabbage	Broccoli & Peas	Garden Peas
<b>DIPS</b>	Gravy	Mayo	Gravy	Balsamic Glaze	Ketchup/Tartare

ACT 2	MONDAY GLOBAL	TUESDAY GLOBAL	WEDNESDAY GLOBAL	THURSDAY GLOBAL	FRIDAY GLOBAL
<b>MAINS</b> Choose from:	Butternut & Meatball Pasta	Crispy Chicken Taco	teriyaki Quorn Stir Fry	Sweet Potato Chana Masala	Quorn Nuggets
<b>REAL FOOD FAST</b>	Veggie Shawarma	Halloumi Burger	Teriyaki Chicken	Tandoori Chicken Wings	Chips
<b>VEG</b>	Salad Selection	Sweet Potato Wedges	Noodles	Rice	Baked Beans
<b>DIPS</b>	Mixed Bean Salads	Salads	Green Beans	Indian Chopped Salad	Tartare/Ketchup

**DESSERT**  
Choice of Fresh Red and Green Apples, Oranges and Bananas  
Seasonal Fruit Salad Pot, Black & Green Grape Pot, Mixed Melon Pot and Yoghurt

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings. Mixed salad bar | Selection of seasonings. Daily grab & go range.



# MEAT FREE MONDAYS

A healthy school meal is important for children and young people to keep healthy and improve their performance

**Southern Style Quorn Burger  
Served with Potato Wedges &  
House Salad**

.....

**Tandoori Quorn Pitta Pocket  
Served with Seasonal Salad**

.....

**Carritos Rancheros**

**£1.90**



# MEAT FREE MONDAYS

A healthy school meal is important for children and young people to keep healthy and improve their performance

**Veggie Sausage Roll  
Served with Baby Potatoes &  
Peas, Corn & Broccoli**

.....

**Butterbean & Meatball Pasta**

.....

**Veggie Shawarma  
Served with Mixed Bean &  
Seasonal Salads**

**£1.90**



# MEAT FREE MONDAYS

A healthy school meal is important for children and young people to keep healthy and improve their performance

**Vegetable Lasagne  
Served with Garlic Bread &  
Seasonal Salads**

.....

**Spiced Fajita Tostados  
Served with Rice & Broccoli**

.....

**Chipotle Veg & Rice Bowl**

**£1.90**





## FORTHCOMING EVENTS



**Nova Hreod Academy**  
The best in everyone™  
Part of United Learning

# OPEN MORNING 2024

Open Morning is the perfect opportunity to visit Nova Hreod Academy during a school day

Join us for a short presentation, meet staff and current scholars and have a tour of the building.

**Open Morning**

**Thursday 6th June 2024**

**9am - 11am**



[www.novahreodacademy.org.uk](http://www.novahreodacademy.org.uk)

To register  
Scan the QR code



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Part of United Learning



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NovaHreodUL

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Good  
Provider